



GROW TOGETHER

A.C.T.S. Prayer

A.C.T.S. Prayer is a tool that can be utilized to teach children a pattern of prayer seen in the Bible. The acrostic "A.C.T.S." can help teach children about the importance of prayer and will also teach children how to pray (See the model below)

(A) Adoration: This aspect of the prayer pattern is set aside to praise God for who He is and what He has done.

(C) Confession: This aspect of the prayer pattern is set aside for confessing of our sin and then walking in holiness according to God's design.

(T) Thanksgiving: This aspect of the prayer pattern is set aside to thank God for who He is and what He has done.

(S) Supplication: This aspect of the prayer pattern is set aside to ask God, as our Supplier, to supply our needs.

Suggestions for Implementation:

- **Select a day/time that the entire family can meet together for prayer (Consistency is key: Ensure that this is a weekly time). Make sure to Inform each family member a few days in advance in order to avoid scheduling conflicts. Take some time to talk, as a family, about the different elements of the A.C.T.S. prayer pattern. Then take time to pray through the different elements of the prayer pattern as a family.**