



TIME TOGETHER

FAMILY MOVIE NIGHT

Family Movie Night is a simple idea that provides an opportunity for parents to spend quality time with their child doing something that both parent and child enjoy.

Suggestions for Implementation:

- **Select a movie with a teachable theme. Carve out an evening to enjoy the movie with your children and discuss the teachable theme afterward.**
- **Make "Family Movie Night" a part of your family dinner. Plan on having an electronics free dinner followed by a movie night as a family.**