



GROW TOGETHER

Family Prayer Time

Family Prayer Time is a once a week time in which families set aside a block of time to pray together. During this time parents should invite their families to meet together in order to pray over each other, over family issues, and/or over anything else the Lord should bring to mind. This is a great opportunity for parents to emphasize the importance of the spiritual discipline of prayer.

Suggestions for Implementation:

- **Select a day/time that the entire family can meet together for prayer (Consistency is key: Ensure that this is a weekly time). Make sure to Inform each family member a few days in advance in order to avoid scheduling conflicts. Take some time to talk, as a family, about the different events going on in each member's life. Create a prayer list based on this conversation and then ask each member of the family to pray for one of the requests that were mentioned (If there are not enough requests for each family member the parent may have to suggest a few).**