



TIME TOGETHER

HOW TO...

How To... is a simple idea that provides an opportunity for parents to spend quality time with their children by taking advantage of teaching opportunities. Parents should identify a task that they do on a regular basis, that would be beneficial to a child later in life, and allow their children to be a part of accomplishing the task. This could include teaching a child basic mechanic work, basic home repair, cooking skills, balancing a budget, etc...

Suggestions for Implementation:

- Parent, next time you balance your checkbook consider allowing your child to peak over your shoulder. Although you may not want them to see some of the specifics of your budget, it is beneficial to give them some of the basic tools they need to manage money.
- Parent, next time you cook a family meal consider allowing your child to join you for the preparations. As you are preparing the meal take some time to talk through the "why" and "how" of the process.